

## MANICURE

Manicure (45mins)	£22.00
French manicure (1hr)	£23.50
Manicure and pedicure	£45.00
Shape and polish	£15.00
Shape, buff and polish	£16.00
Healthy hand's manicure	£30.00

## PEDICURE

Pedicure	£28.00
Shape, buff and polish	£16.00
Footcare programme Softens hard skin, soothes tired, sore feet - varnish not recommended	£35.00

## SHELLAC

Shellac™

### 14 day wear nail polish with zero drying time

Shellac manicure	£30.00 - £31.50
Shape and Shellac / refresh	£22.00
Shape, buff and Shellac	£25.00
Shellac pedicure	£36.50
Rockstar toes	£25.00
Rockstar toes including pedicure	£38.00
Strengthening Brisa gel	+£5

## MINX

Minx

### Extending fashion to your finger tips using a long lasting foil covering with zero drying time

Minx - including mini pedicure / manicure	£25.00
Plus pedicure	£35.00
Manicure	£30.00

## GEL / ACRYLIC NAIL EXTENSIONS

Full set of whites	£40.00
Full set of naturals	£35.00
Overlays (whites)	£35.00
Overlays (natural)	£30.00
Rebalance	£30.00
Infill's (2-3 Weeks)	£25.00
Infill's (4-5 Weeks)	£28.50
One nail (whites)	£4.00
One nail (natural)	£3.50
Nail art per nail	50p

CND<sup>®</sup>  
Hands, Feet, Beauty.

## BEAUTY PACKAGES

### HOLIDAY SPECIAL

Half leg, bikini line, underarm wax, eyelash tint, eyebrow shape or wax, shape and polish for the fingers and toes (plain or French)	£70.00
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### BRIDE TO BE

Eyelash tint, luxury manicure, shape and polish for the toes and a back, neck and shoulder massage	£65.00
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### TOP TO TOE

Invigorating full body massage and essential facial	£75.00
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### PREGNANCY PAMPER

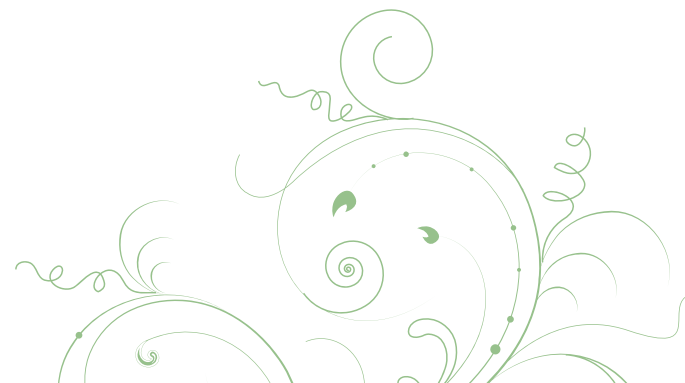
Pedicure for those tired aching feet and back massage or a relaxing massage on the legs to soothe swollen ankles and to reduce fluid retention	£45.00
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### HOT DATE

Luxury manicure with an evening make up application	£48.00
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### PAMPER PARTIES

Have a fun night in with friends or host a hen party.  
Treatments are Tailored to suit each party



Please feel free to drop in to 'The Beauty Workshop'

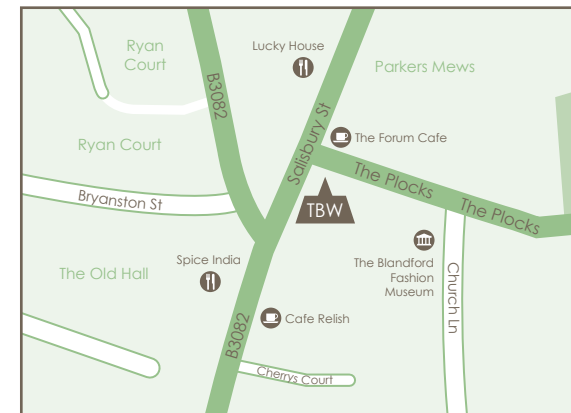
### Opening hours:

<b>Monday</b>	by appointment only
<b>Tuesday</b>	9.00am - 6.00pm
<b>Wednesday</b>	9.00am - 6.00pm
<b>Thursday</b>	9.00am - 7.00pm
<b>Friday</b>	9.00am - 6.00pm
<b>Saturday</b>	8.30am - 4.00pm

The Beauty Workshop  
12 The Plocks  
(Opposite the forum cafe)  
Blandford Forum  
Dorset  
DT11 7AA

T > 01258 480319  
E > info@thebeautyworkshop.co.uk

Gift vouchers are also available upon request



THE  
*Beauty*  
workshop  
HEALTH BEAUTY BRIDAL

The Beauty Workshop respectfully request a 24hr  
notice of cancellation if you are unable to attend your  
appointment. Otherwise the full price of the treatment  
will be charged.

THE  
*Beauty*  
workshop  
HEALTH BEAUTY BRIDAL

## WELCOME TO THE BEAUTY WORKSHOP

The beauty workshop offers a full range of beauty treatments in a friendly, personal & relaxed atmosphere.

First class treatments through highly qualified and caring therapists, with treatments including a wide range of carefully created holistic therapies and beauty treatments guaranteed to relax and invigorate inside and out.

## WAXING AND THREADING

Half leg	£14.00
3/4 leg	£18.50
Full leg	£23.00
Full leg and bikini brief line	£26.00
Full leg and high Brazilian shape	£36.00
Under arm / bikini brief line	£8.50
Brazilian - high leg Brazilian shape	£18.50
Californian / Hollywood	£25.00 - £28.00
Half arm	£10.00
Full arm	£15.00
Upper lip	£8.50
Upper lip and chin	£10.00
Upper lip, chin and neck	£10.00
Chin	£8.50
Eyebrow wax / shape	£8.50
Eyebrow / lip threading	£10.00
Chest	£20.00
Back	£20.00
Chest and back	£38.00

## ELECTROLYSIS

Permanent removal of superfluous hair from the face and body. Many regular treatments are needed

Up to 15 minute session	£14.00
15-30 minute session	£20.00
30-45 minutes	£26.50

## THALGO LA BEAUTE MARINE FACIALS

Marine skincare products personalised specifically for your skin concerns. Using active ingredients such as sea water, blue algae, & micro algae.

Hydra Marine Ritual (1hr)	£45.00
Cocooning Marine Ritual (1hr)	£45.00
Pure Freshness Marine Ritual (1hr)	£45.00
Collagen Marine Ritual (1hr 15mins)	£58.00
Discovery Express Facial (30mins)	£28.00
Plus facial massage (1hr)	£40.00
Mini facial with back, neck and shoulder massage	£48.00
Milia extraction (15 - 30mins)	£15.00 - £25.00
Crystal clear facial (45mins) Microdermabrasian, dramatically refines and brightens all skin types - the choice of the celebrities.	£40.00
Course of 10 - pre pay Buy 9 get 10th free	£360.00
Ultra Visage by Carlton (1hour) branded the non- surgical facelift, uses micro current to firm & tighten muscles.	£40.00
Course of 12 - pre pay Buy 10 get 2 free	£400.00
*add an eyelash/eyebrow tint or eyebrow shape to any facial for 1/2 price.	

## DERMAL FILLERS & FINE LINE INJECTIONS

Fillers from	£150
Finelines	1 area £180 2 areas £230 3 areas £280

## EYE TREATMENTS

Eyelash tint	£13.50
Eyebrow tint	£7.50
Lash and brow tint	£18.00
<b>New!</b> Lash NV - lash lift	£45.00
Lower lash tint	£6.50
Eyebrow shape	£8.50
Eyelash extensions	£70.00
Eyelash infills	£22.00
Express lashes	From £20.00
Express lashes and tint	£30.00
Eyelash perming	£28.00
Eyelash perm and tint	£33.00

## MAKE UP

Make-up lesson	£30.00
Bridal make-up	£30.00 - £50.00
Bridal Trial	£30.00
Bridesmaids / day, evening make-up (False lashes available on request)	£25.00 - £30.00

Mii

## New! FOR SEPTEMBER Brow by Mii

bro w  
by Mii  
DEFINED BY YOU

## SEMI PERMANENT MAKE UP

Prices available on request

## EAR PIERCING

(Minimum age 4 years)

Per stud	£15.00
Per pair	£22.00
Cartilage	£26.00

## THALGO BODY TREATMENTS

Massage will soothe away aching muscles, aid relaxation and reduce tension

Swedish full body massage	£40.00
Back, neck and shoulder (30mins)	£22.50
Back, neck and shoulder (45mins)	£27.50
Dulux back, neck and shoulder plus face and scalp	£32.00
Full body scrub	£30.00
Back treatment	£30.00
Relaxing deep cleansing facial for the back, includes exfoliation, 30 minute massage and a hot towel.	

## BODY CONTOUR WRAP

Instant inch loss and de-toxifying

Full body wrap (90 mins)	£50.00
Recommended course of three	£135.00
Half wrap (75 mins)	£40.00
Recommended course of three	£105.00

## INDIAN HEAD MASSAGE

A therapeutic massage which eases tension headaches, stress and fatigue, sinus problems, migraines, anxiety, eye strain, insomnia etc

30 minute	£20.00
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## HOT STONE MASSAGE

A deep therapeutic massage that uses smooth basalt Heated stones, which are placed on specific energy chakras on the body

Full body massage	£42.00
Back neck and shoulder massage	£26.00

## AROMATHERAPY

Aromatherapy massage using a custom blend of essential oils to suit your personal needs.

Back neck and shoulder	£27.00
Full body Including face and scalp massage	£45.00
Back neck and shoulder Including scalp massage	£32.00
Back neck and shoulder massage plus a mini facial	£52.50

## HOPI EAR CANDLES

45 mins	£28.00
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## REFLEXOLOGY

Reflexology promotes health and wellness to the body, leaving you feeling energised, relaxed and at ease.

1 Hour	£30.00
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## ST TROPEZ TANNING TREATMENT

Full body (1hr)	£30.00
Upper body (40mins)	£22.00
Legs only (20mins)	£16.00

## FAKEBAKE

Spray tan	£25.00
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